

On a January morning at 6:30 am over a decade ago, Nels Wagner, Don Naus, Craig Hanna, and I were sitting in our cars in windy, below-zero weather. The diner we wanted to meet at was closed until 7 am, so we moved to another restaurant. We all moved into one car and waited for the diner to open. That was the start of our men's breakfast.

We are a group of men who get together on Monday mornings for breakfast at the Union Diner. Due to the Coronavirus, we could not meet for almost a year and a half. But now that we are all vaccinated, we can meet together again. That first breakfast back together was a joy for all of us. We started with the reading of a devotional right after we ordered our meals. We talked about the devotional and then I listened to all sorts of stories. These men are great story tellers.

In these times, we check on how each other is doing, we encourage one another, and we get updates on men who didn't show up that day. We have built close relationships with each other. The Bible speaks of our group and the need for all of us to be in a group like this.

First of all, we encourage one another. We ask why we haven't seen certain men when they haven't been at breakfast or at church. The book of Hebrews is one place that instructs us to do so.

Hebrews 10:24-25 24 And let us consider how to stir up one another to love and good works, 25 not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near. (ESV)

It is also a time when we give each other advice. I have often talked about upcoming events at the church to get their reactions. I call the group my "Brain Trust." These men are like iron sharpening iron.

Proverbs 27:17 Iron sharpens iron, and one man sharpens another. (ESV)

And there is a joy of being together. We meet to enjoy being together. The book of Ecclesiastes talks about the joy of having a meal together.

Ecclesiastes 9:7 Go, eat your bread with joy, and drink your wine with a merry heart, for God has already approved what you do. (ESV)

The men's breakfast is a great place for men to come together. If you ever have the time, let me encourage you to come to the Union Diner at 8 am on Monday mornings. If not, let me encourage you to form your own breakfast group for the reasons listed. It is important to have such a group.

